

# Workshop



## MY APPLE

**Target group** youngsters and young adults

**Group size** doesn't matter

**How much time?** 30 minutes

### preparation

**How much time?** 20 minutes

**Which material?** Apples



### objectives

the participants get to know that due to precise observation the things which seem to be the same at the first glance, are indeed very different. Due to description of the thing it becomes from an apple to my apple.

### how to do it

Everybody chooses one apple and describes it for themselves. They can use the following categories:

- Size;
- Weight;
- Colour;
- Aroma;
- Form;
- Special features etc.

Everybody present his/her apple in the plenum. Afterwards all apples are gathered in a basket and the participants must find their apples.

Discussion:

- 1) What was surprising for you in this exercise?
- 2) Which relationship did you have to your apple?
- 3) What did you learn about perception?
- 4) What did you learn about similarities and differences?